

ALCOOLISMO

5º CONGRESSO NACIONAL DE MÉDICOS

AUDITORES E CODIFICADORES CLÍNICOS

Praia de Mira, 1 e 2 de Março de 2013

Problemas Ligados ao Álcool

Conceitos

- **Unidade bebida padrão**
 - a capacidade de cada tipo de copo usado para as bebidas alcoólicas (vinho a 12°, cerveja a 5° e destiladas a 40°) corresponde a quantidade semelhante de álcool (10 a 12gr)
 - permite a quantificação do consumo por copos de bebida ingeridos

Problemas Ligados ao Álcool

Classificação da OMS

Consumo de
risco

Consumo
nocivo

Dependência
alcoólica

Problemas Ligados ao Álcool

Consumo de risco

- Padrão de consumo que, caso persista, pode vir a causar dano físico ou mental
 - Consumo regular diário superior a 3 bebidas no homem e a 2 bebidas na mulher
 - Intoxicação aguda (beber até à embriaguez)
 - Consumo esporádico excessivo ou *binge drinking* (consumo de mais de 6 bebidas no homem ou 5 na mulher, numa só ocasião e num curto período de tempo)
 - Qualquer consumo durante a gravidez

Problemas Ligados ao Álcool

Consumo nocivo

- Padrão de consumo que provoca danos à saúde, físicos ou mentais, mas que não satisfaz os critérios de dependência

Nondependent alcohol abuse

2013 ICD-9-CM diagnosis code 305.0

- The use of alcoholic beverages to excess
 - As a regular practice.
 - In individual occasions ("binge drinking")
- Applies to
 - Drunkenness NOS
 - Excessive drinking of alcohol NOS
 - "Hangover" (alcohol)
 - Inebriety NOS

Nondependent alcohol abuse

2013 ICD-9-CM diagnosis code 305.0

- 305.00 Alcohol abuse, unspecified
- 305.01 Alcohol abuse, continuous
- 305.02 Alcohol abuse, episodic
- 305.03 Alcohol abuse, in remission

Problemas Ligados ao Álcool

Dependência alcoólica

- Conjunto de fenómenos fisiológicos, cognitivos e comportamentais que se desenvolvem após consumo repetido de bebidas alcoólicas
 - Desejo intenso de consumir
 - Descontrolo sobre o seu uso
 - Continuação dos consumos independentemente das consequências
 - Alta prioridade dada aos consumos em detrimento de outras actividades e obrigações
 - Aumento da tolerância ao álcool
 - Sintomas de privação quando o consumo é descontinuado

Alcohol dependence syndrome

2013 ICD-9-CM diagnosis code 303

- A disorder characterized by a pathological pattern of alcohol use that causes a serious impairment in social or occupational functioning.

Alcohol dependence syndrome

2013 ICD-9-CM diagnosis code 303

- 303.0 Acute alcoholic intoxication
 - 303.00 ... in alcoholism, unspecified
 - 303.01 ... in alcoholism, continuous
 - 303.02 ... in alcoholism, episodic
 - 303.03 ... in alcoholism, in remission
- 303.9 Other and unspecified alcohol dependence
 - 303.90 ... unspecified
 - 303.91 ... continuous
 - 303.92 ... episodic
 - 303.93 ... in remission

Alcohol-induced mental disorders

2013 ICD-9-CM diagnosis code 291

- **291.0 Alcohol withdrawal delirium**
Acute alcoholic, psychotic condition characterized by intense tremors, anxiety, hallucinations, and delusions.
- **291.1 Alcohol-induced persisting amnestic disorder**
Behavior disorder caused by thiamine deficiency, most commonly due to chronic alcohol abuse; Wernicke's encephalopathy involves confusion, ataxia, nystagmus and ophthalmoplegia and is generally reversible by thiamine administration; Korsakoff's syndrome, involving severe anterograde and retrograde amnesia, may appear later and complete recovery is less frequent.
- **291.2 Alcohol-induced persisting dementia**
- **291.3 Alcohol-induced psychotic disorder with hallucinations**
- **291.4 Idiosyncratic alcohol intoxication**
- **291.5 Alcohol-induced psychotic disorder with delusions**

Alcohol-induced mental disorders

2013 ICD-9-CM diagnosis code 291

- 291.8 Other specified alcohol-induced mental disorders
 - 291.81 Alcohol withdrawal
 - 291.82 Alcohol induced sleep disorders
 - 291.89 Other alcohol-induced mental disorders
- 291.9 Unspecified alcohol-induced mental disorders

Alcoholic polyneuropathy

2013 ICD-9-CM diagnosis code 357.5

Chronic liver disease and cirrhosis

2013 ICD-9-CM diagnosis code 571

- **571.0 Alcoholic fatty liver**

Lipid infiltration and fatty degeneration of liver parenchymal cells due to alcohol abuse; may be associated with alcohol hepatitis or cirrhosis.

- **571.1 Acute alcoholic hepatitis**

- **571.2 Alcoholic cirrhosis of liver**

Liver disease in alcoholics in which the normal microcirculation, the gross vascular anatomy, and the hepatic architecture have been variably destroyed and altered with fibrous septa surrounding regenerated or regenerating parenchymal nodules.

- **571.3 Alcoholic liver damage, unspecified**

Acute pancreatitis

2013 ICD-9-CM diagnosis code 577.0

Alcoholic cardiomyopathy

2013 ICD-9-CM diagnosis code 425.5

A dilated cardiomyopathy which is associated with consumption of large amounts of alcohol over a period of years.

Alcohol affecting fetus or newborn via placenta or breast milk

2013 ICD-9-CM diagnosis code 760.71

- **Fetal alcohol syndrome**

Developmental abnormalities in infants born to alcoholic mothers, including characteristic facial appearance (microcephaly, maxillary hypoplasia, short palpebral fissures, and short upturned nose), growth deficiency, delayed intellectual development, motor retardation, joint abnormalities, poor coordination, and irritability.

Bibliografia

- Lexicon of Alcohol and Drug Terms, WHO 1994
- ICD-9-CM 2013
- Plano nacional para a redução dos problemas ligados ao álcool 2009 - 2012, IDT 2009